

Alcohol and Drug Counselor Practice Test Questions and Answers

1. What is the primary goal of motivational interviewing in addiction counseling?

- A) To confront denial aggressively
- B) To enhance client motivation for change
- C) To provide medical prescriptions
- D) To enforce legal compliance only

2. Which stage of change involves the client actively modifying their behavior?

- A) Precontemplation
- B) Contemplation
- C) Action
- D) Maintenance

3. What does SMART Recovery emphasize in addiction treatment?

- A) Religious conversion
- B) Self-management and motivation tools
- C) Medical detox only
- D) Family interventions exclusively

4. Which principle is fundamental to maintaining client confidentiality?

- A) Sharing information with family members freely
- B) Following HIPAA guidelines and obtaining consent
- C) Discussing cases in public settings
- D) Recording sessions without permission

Answers: 1-B 2-C 3-B 4-B

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