

# Caregiver Practice Test Questions and Answers

## 1. What is the most important principle when providing personal care to clients?

- A) Completing tasks as quickly as possible
- B) Maintaining dignity, privacy, and respect for the individual
- C) Following a rigid schedule without flexibility
- D) Making all decisions for the client

## 2. Which safety practice is essential when assisting clients with mobility?

- A) Moving clients quickly to save time
- B) Using proper body mechanics and assistive devices when needed
- C) Lifting clients without asking for help
- D) Encouraging clients to move without supervision

## 3. What should a caregiver do if they notice changes in a client's condition?

- A) Wait until the next scheduled visit to assess
- B) Document observations and report to the supervising nurse or healthcare professional
- C) Make independent decisions about medication changes
- D) Ignore minor changes to avoid alarming the client

## 4. Which communication approach is most effective when working with clients who have dementia?

- A) Speaking loudly and rapidly
- B) Using simple, clear language and maintaining eye contact
- C) Correcting the client's confused statements immediately
- D) Avoiding conversation to prevent confusion

Answers: 1-B 2-B 3-B 4-B

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