

Certified Care Worker Practice Test Questions and Answers

1. What is the most important principle in providing care to elderly clients?

- A) Completing tasks as quickly as possible
- B) Maintaining dignity and respecting individual preferences
- C) Following a rigid schedule regardless of client needs
- D) Making all decisions for the client

2. Which infection control practice is most critical in care work?

- A) Wearing gloves only when convenient
- B) Regular hand hygiene and proper use of personal protective equipment
- C) Using the same equipment for all clients
- D) Cleaning surfaces once per week

3. What should a care worker do if they suspect abuse or neglect?

- A) Ignore it if they're not certain
- B) Immediately report to supervisor and appropriate authorities
- C) Confront the suspected abuser directly
- D) Wait for more evidence before acting

4. Which communication technique is most effective with clients who have dementia?

- A) Speaking loudly and quickly
- B) Using simple, clear language and maintaining eye contact
- C) Avoiding all conversation
- D) Correcting them when they're confused

Answers: 1-B 2-B 3-B 4-B

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