

HHA Practice Test Questions and Answers

1. What is the most important principle when providing personal care to a client?

- A) Working as quickly as possible
- B) Maintaining the client's dignity and privacy
- C) Following a strict schedule
- D) Avoiding conversation with the client

2. When should a home health aide wash their hands?

- A) Only before eating
- B) Before and after each client contact
- C) Once at the beginning of the shift
- D) Only when hands appear dirty

3. What should you do if a client falls while you are providing care?

- A) Help them up immediately
- B) Call 911 right away
- C) Stay with the client and assess for injuries before moving them
- D) Leave to get help

4. Which of the following is a sign of elder abuse?

- A) Normal aging changes
- B) Unexplained bruises or injuries
- C) Taking prescribed medications
- D) Using mobility aids

Answers: 1-B 2-B 3-C 4-B

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