

LPC Practice Test Questions and Answers

1. What does LPC stand for in mental health counseling?

- A) Licensed Professional Counselor
- B) Licensed Psychology Consultant
- C) Licensed Psychiatric Clinician
- D) Licensed Practice Coordinator

2. Which therapeutic approach focuses on changing negative thought patterns?

- A) Psychodynamic therapy
- B) Cognitive Behavioral Therapy (CBT)
- C) Humanistic therapy
- D) Gestalt therapy

3. What is the primary ethical principle regarding client confidentiality?

- A) Information can be shared with family members
- B) Confidentiality is absolute with no exceptions
- C) Information is protected except in cases of harm to self or others
- D) Only written information needs to be kept confidential

4. How many supervised clinical hours are typically required for LPC licensure?

- A) 1,000 hours
- B) 2,000 hours
- C) 3,000 hours
- D) 4,000 hours

Answers: 1-A 2-B 3-C 4-D

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